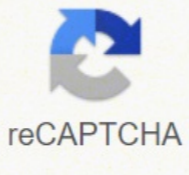




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Next

Bell hooks all about love

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YOUR CHOICES May 2nd, 2017 "I feel our nation's turning away from love...moving into a wilderness of spirit so intense we may never find our way home again. I write of love to bear witness both to the danger in this movement, and to call for a return to love." - Bell Hooks (2000)...is anything but easy. Love takes constant reflection and practice. Lucky for us, Black feminist and activist bell hooks (born Gloria Jean Watkins) writes about how to do just that in All About Love: New Visions- a must-read for feminists, lovers, social justice practitioners, and humankind, period.It's one of those books you refer back to for the rest of your life. Because love is necessary work and it is in love that we learn to resist, thrive, and lead under any circumstances.Use these 10 handpicked quotes from the book's first few chapters as reminders to nurture and celebrate our gente's beauty, joy, and power. To ground your heart and body in times of stress and anxiety. To help each other return to love in action...Image: Steve Pavey, Defy, Defend, and Expand Sanctuary convening in Philadelphia"To open our hearts more fully to love's power and grace we must dare to acknowledge how little we know of love in both theory and practice...We yearn to to end the lovelessness that is so pervasive in our society. This book tells us how to return to love."Image: Steve Peace. Moral Monday March with Freedom Side in North Carolina"Will also implies choice. We do not have to love. We choose to love...When we understand love as the will to nurture our own and another's spiritual growth, it becomes clear that we cannot claim to love if we are hurtful and abusive. Love and abuse cannot coexist."Image: Steve Pavey. Defy, Defend, and Expand Sanctuary convening"There can be no love without justice...abuse and neglect negate love. Care and affirmation, the opposite of abuse and humiliation, are the foundation of love. It is a testimony to the failure of loving practice that abuse is happening in the first place." "The heart of justice is truth telling, seeing ourselves and the world the way it is rather than the way we want it to be. More than ever before we, as a society, need to renew a commitment to truth telling."Image: Diego Nacho. Mijente Lánzate 2016, Puerto Rico"Redeemed and restored, love returns us to the promise of everlasting life. When we love we can let our hearts speak."Image: Diego Nacho. Mijente Lánzate 2016, Puerto Rico"When we can see ourselves as we truly are and accept ourselves, we build the necessary foundation for self-love...whether we learn how to love ourselves and others will depend on the presence of a loving environment. Self love cannot flourish in isolation."Image: Diego Nacho. Mijente Lánzate 2016, Puerto Rico"Do not expect to receive the love from someone else you do not give to yourself...The light of love is always in us, no matter how cold the flame. It is always present, waiting for the spark to ignite, waiting for the heart to awaken."Image: Diego Nacho. Mijente Lánzate 2016, Puerto Rico"When we work with love we renew the spirit; that renewal is an act of self-love; it nurtures our growth. It's not what you do but how you do it."Image: Dianne Ovalle. Civil Disobedience, Phoenix"Love as 'the will to extend one's self for the the purpose of nurturing one's own or another's spiritual growth.' Love is as love does. Love is an act of will-namely, both an intention and an action."Image: Diego Nacho. Mijente Lánzate 2016, Puerto Rico"Everywhere we learn that love is important, and yet we are bombarded by its failure...This bleak picture in no way alters the nature of our longing. We still hope that love will prevail. We still believe in love's promise." "...remember, this is just a taste!Whether you borrow a copy, check one out from the library, or get your own- read the whole book to learn about the ethics of love and put love into practice. Then pass it forward.Sofia Campos is a warrior, healer, undocumented, resister of borders. She's also a Capricorn who loves reading, dancing, and hot chocolate. Follow her at @campoSOFIA or @soulfiyah on IG Paid for in part by Mijente PAC, 734 W Polk St., Phoenix, AZ 85007, not authorized by any candidate or candidate's committee. Who Says You Can't? You Do A word-of-mouth phenomenon that's changing lives around the world—a journey into your true self and amazing potential.

Do you want to change your life? From the founder of the Wu-Tang Clan—celebrating their 25th anniversary this year—an inspirational book for the hip hop Beloved author, professor and feminist bell hooks, known for titles like "Ain't I a Woman" and "All About Love," died Wednesday at 69, her family confirmed to USA TODAY.Born Gloria Jean Watkins in Hopkinsville, Kentucky, she penned her literary works under the pseudonym bell hooks, a tribute to her great-grandmother that she chose to write using lowercase letters to focus attention on her words rather than herself.bell hooks wrote over 30 books, leaving a legacy of powerful words on pain, love, equality and much more. Her quotes filled social media in the hours following the announcement of her death.Here are some of her most profound sentences, per Goodreads.bell hooks on love and relationships"Love is a combination of care, commitment, knowledge, responsibility, respect and trust."—"Communion: The Female Search for Love""Living simply makes loving simple.""To love well is the task in all meaningful relationships, not just romantic bonds."—" All About Love: New Visions""Knowing how to be solitary is central to the art of loving. When we can be alone, we can be with others without using them as a means of escape."bell hooks death: Feminist author and poet bell hooks, known for 'Ain't I A Woman' and 'All About Love', dies at 69"Love is an action, never simply a feeling" — bell hooksWe mourn the tremendous loss of bell hooks. A woman of great compassion, courage, & extraordinary intellect. Thank you for always putting your love for Black people in action - for challenging us to imagine a bolder future pic.twitter.com/9tydxdgJsg— Well-Read Black Girl "" (@wellreadblkgirl) December 15, 2021bell hooks on feminism and equality"No black woman writer in this culture can write 'too much.' Indeed, no woman writer can write 'too much' ... No woman has ever written enough."—" Remembered Rapture: The Writer at Work""If any female feels she need anything beyond herself to legitimate and validate her existence, she is already giving away her power to be self-defining, her agency."—"Feminism is for Everybody: Passionate Politics" "I will not have my life narrowed down. I will not bow down to somebody else's whim or to someone else's ignorance." "As all advocates of feminist politics know most people do not understand sexism or if they do they think it is not a problem. Masses of people think that feminism is always and only about women seeking to be equal to men. And a huge majority of these folks think feminism is anti-male. Their misunderstanding of feminist politics reflects the reality that most folks learn about feminism from patriarchal mass media." "Being oppressed means the absence of choices." "The process begins with the individual woman's acceptance that American women, without exception, are socialized to be racist, classist and sexist, in varying degrees, and that labeling ourselves feminists does not change the fact that we must consciously work to rid ourselves of the legacy of negative socialization."—"Ain't I a Woman: Black Women and Feminism"More quotes: DMX's most iconic lyrics and quotes about hip-hop, family, addiction and faithbell hooks on pain and suffering"Contrary to what we may have been taught to think, unnecessary and unchosen suffering wounds us but need not scar us for life. It does mark us. What we allow the mark of our suffering to become is in our own hands."—" All About Love: New Visions""The practice of love offers no place of safety. We risk loss, hurt, pain. We risk being acted upon by forces outside our control."—" All About Love: New Visions"bell hooks on self-acceptance"One of the best guides to how to be self-loving is to give ourselves the love we are often dreaming about receiving from others. There was a time when I felt lousy about my over-forty body, saw myself as too fat, too this, or too that. Yet I fantasized about finding a lover who would give me the gift of being loved as I am. It is silly, isn't it, that I would dream of someone else offering to me the acceptance and affirmation I was withholding from myself. This was a moment when the maxim 'You can never love anybody if you are unable to love yourself' made clear sense. And I add, 'Do not expect to receive the love from someone else you do not give yourself.' "—"All About Love: New Visions""I want there to be a place in the world where people can engage in one another's differences in a way that is redemptive, full of hope and possibility. Not this 'In order to love you, I must make you something else.' That's what domination is all about, that in order to be close to you, I must possess you, remake and recast you."—"Reel to Real: Race, Sex, and Class at the Movies"